



TECHNIQUE
Gems

All Star
CHEER

● **TEAM INFORMATION PACKET 2022-2023**



TECHNIQUEGEMS.COM | 773-359-2340 | CHICAGO, IL

ABOUT US



"TRAINING THE BODY, DEVELOPING THE MIND"

Thank you for showing interest in Technique Gems and our competitive cheerleading program. We opened in 2010 with a reputation for excellence and are excited that you are considering joining us in Season 11. No matter the age or skill level of your child, we have a program that can meet your needs!

NEW IN SEASON 11

- Legacy discount of free instructional fees after 7 years
- Work program for ages 16-24
- Level 5 team
- Discounted class add ons for team members
- Mandatory flyer stretch class added in monthly payments for flyers
- Travel team selection in the fall
- Exclusive Nationals for each team

SAME GREAT OPTIONS

- Convenient Auto Pay Option
- Family Discounts
- Exclusive Travel Teams
- Summer Tumbling and Stunt Camps included in Pricing
- Choreography and Music included in pricing
- Competition costs included in pricing
- Uniform Rental Included in Pricing
- ROCK IT! and Levels Camps participation for selected teams

IT'S THE WAY THAT THEY PUT THEIR ATHLETES FIRST. I LOVE HOW TECHNIQUE TEACHES MY CHILD MORE THAN JUST TUMBLING OR STUNTS, THEY TEACH HER ABOUT LIFE SKILLS AND HOW TO BE A BETTER PERSON IN GENERAL. I LOVE HOW EVERYONE IS ALWAYS WILLING TO LOOK AFTER ALL THE KIDS IN THE PROGRAM. ALSO TECHNIQUE HAS GIVEN MY CHILD OPPORTUNITIES AND EXPOSED HER TO MANY THINGS.

PROGRAM COMPARISON



We offer a variety of programs to meet your needs!

	Full Season Teams Ages 5-19	Tiny Novice Team Ages 3-4	Quarter Season Teams *begins in the Winter	Travel Teams
Season Runs	June-April	June-April	March- May	Sessions
Training	4-5 hours per week 1 Skill Specific Training Class	3 hours per week	3 hours per week	Sundays
Uniforms	Rental Included in Pricing	Rental Included in Pricing	Rental Included in Pricing	Rental Included in Pricing
Competition Schedule	5-7 Competitions Various Locations 2 Travel	4-5 Competitions All Local One Travel	2 Local Competitions	Bling- Summit Shine- Spirit Network in Bahamas Glitter- NCA Dallas Shimmer- London
Additional Info	Tryout Required- Attendance at Rock It! or Levels Camp	No Tryout Required No additional Stunt, Tumbling or outside camps required	Tryout Not Required	Tryout Required
USASF Membership Required	Yes	Yes	Yes	Yes



TRYOUT INFORMATION



HOW DO TRYOUTS WORK?

All athletes are invited to attend their age appropriate clinic. During this clinic they will get a chance to Learn the tryout dance and learn the order of assessments. They will receive callbacks for assesment the next day by level. Athletes 5 and under will not receive a callback. . Final level practice teams are posted May 22.

WHAT DO I NEED TO BRING FOR TRYOUTS?

We look forward to working with you at our upcoming tryouts. Please complete these items in order to expedite the process:

- \$150 Tryout Fee paid
- Tryout Google Form Completed
- Copy of Birth Certificate
- Head Shot
- Forms can be found in this packet or online

No athlete will be allowed to tryout without these forms

ORIENTATION

Our orientation days are a required part of tryouts. Each athlete can select to attend one of our two Team Commitment days with their parents. On this day athletes will:

- Get their season 11 shirt
- Get sized for uniforms/practice wear
- Confirm financial info
- Meet staff and tour facility
- Join the Team Band and get camp/choreography dates
- Pay 1st month assessments

No athlete will be allowed to begin a program without an orientation.



TRYOUT TIMELINE:

May 13	Early Registration Ends
May 20 th	Tryout Clinics: <ul style="list-style-type: none">• Ages 3-5-1 PM• Ages 6-11- 3 PM• Ages 12 and Over-5 PM
May 21st	Level Callbacks: <ul style="list-style-type: none">• Level 1-11 AM-1 PM• Level 2- 1 PM-3 PM• Level 3 and up- 3 PM-5 PM
May 23 rd	Orientation Day *required to attend
May 25 th	Make Up Orientation
June 4	Leveled Practices begin. All athletes who attended tryouts will practice in leveled groups to see athletes full capabilities until August



TRYOUT INFORMATION



HOW DO YOU PLACE TEAMS?

Creating a team is like a giant puzzle and we strive to make sure we all fit together perfectly. We try to match up the athletes by level as best as we can, but please remember that stunting, pyramids, jumps, dance, and motions are a huge factor as well. Some athletes will be stronger tumblers than others, while some will contribute to stunting more than others. There may be athletes on any given team that tumble at different levels than the rest of their team. Every athlete is placed on the team we think they will be the most successful on.



INTRODUCTORY SKILLS BY LEVEL :

The following are the skills that will be performed by level at tryouts. In order to tryout at the following levels, you must be able to do the following preliminary skills.

Level 1: No skill requirements

Level 2:

Standing Tumbling: Standing Back Handspring

Running Tumbling: Round Off Back Handspring

Level 3:

Standing Tumbling: Standing Series Handsprings

Running Tumbling: Round Off BHS Tuck

Level 4:

Standing Tumbling: Standing Tuck and 1 to Tuck

Running Tumbling: Round Off BHS Layout

Level 5:

Standing Tumbling: Series Handsprings to Layout

Running Tumbling: Round Off BHS Full

AGE GROUPS:

Your eligibility age for the season is based off of the year your athlete was born. Many athletes will fall into more than one category, we will place them based on what we feel is the best fit for the athlete.

New Athletes- please bring a copy of your birth certificate for Technique Gems to have on file.

Age groups are as follows:

Tiny Novice- 2016-2020

Tiny Level 1- Born in 2016-2029

Mini Teams- Born in 2014-2017

Youth Teams- Born in 2011-2016

Junior Teams- Born in 2008-2015

Senior Levels 1-5- Born in 6/1/2004-2011

U16- Born 2007-2012

U18- Born 2005-2010



TUITION

Tuition is paid monthly per athlete for all teams Level 1-6. Tuition is paid on a 11 month term that runs from June 1st- April 1st, 2024. Tuition covers all team practices and one skill specific class each week beginning in the fall. Discounts apply to the tuition only. Tuition is paid on the 15th of every month for the month and is automatically ran though Go Motion, our class management software. All flyers will incur an additional \$25 per month flyer stretch class fee. Those classes will take place directly before practice. There will be a discounted rate for athletes to add a tumbling class on their monthly payments as well.

Tuition for Tiny Teams for the 2023-24- Season is:

- \$100 per month for returning members registered by May 1, 2023
- \$110 if registered by May 13, 2023
- \$120 per month if registered after May 13, 2023

Tuition for All Star Teams for the 2023-24- Season is:

- \$160 per month for returning members registered by May 1, 2023
- \$170 per month if registered by May 13, 2023
- \$180 per month if registered after May 13, 2023
- \$80 per month for graduated athletes or HS Seniors



ASSESSMENTS:

Assessments are the fees that the gym pays out to outside vendors. We offer a variety of ways for you to pay your assessments. You can select a pay in full option or a quarterly option. The first assessment payment is due on team commitment day. A down payment towards your assessments is due upon registration. Assessments are ran on the 15th of each month for the current month.

The assessments include: Competition Fees, Choreography Fees, Camp Fees (not Rock It! or Levels), Music Fees, Coaches Travel Fees, Open Gym participation, Holiday Party and Season 11 program shirt for parent and athlete.

Not included in your fees- Apparel Package , Competition Bow, Picture Day, Rock It! and Levels Camp, Shoes, All Post season events and additional practice wear/team gear for away competitions.

Assessments for All Star Teams for the 2023-24-Season is:

- \$2200 per season OR
- 4 payments of \$575 at Orientation, August and October and December OR
- 6 payments \$400 at Orientation, August, September, October, November, December

Non payment will result in non participation for your athlete. Late parents will result in program dismissal. Athletes will be required to pay their own USASF Membership



WHEN IS CAMP AND CHOREOGRAPHY?

Stunt and Pyramid Camps:

Stunt Camp and Pyramid Camps happen at different times throughout the summer. These dates will be given at the beginning of summer practices. Attendance is mandatory for all team members.

Tumbling Camp:

Tumbling Camp dates will be given at orientation. Attendance is NOT mandatory for all team members.

Choreography:

Choreography is mandatory for all team members. Exact times and dates will be handed out at the beginning of summer practices

ROCK IT! And Levels Camp

Rock It! and Levels Camp will take place at Technique Gema. Camp will run approximately 6-8 hours per day, a detailed schedule will be released as we get closer. Camp is important as it is when we start solidifying stunt groups and roles. While camp is not required, missing camp is very difficult for athletes as they miss valuable instruction as well as team bonding experiences.

Tiny teams do not attend camp.

There are no refunds for missing camp, camp fees are calculated on a set number of athletes. Do your best to plan ahead!

Camps are a vital part of the success of our teams. During this time the teams are learning stunt sequences, skills for the routine, and learning to work together as a team.

CAN I WATCH PRACTICE?

Yes! Parents are allowed to watch from the lobby, however, parents are not allowed to come onto the floor unless accompanied by a coach. We also ask for parents and family members not to come inside the dressing room or the game room at the GEM. Athletes often change in those areas and we would like to keep those private. We have a designated viewing area for parents and family members, please understand this is for the safety of our athletes.



SUMMER PRACTICE SCHEDULE



SUMMER SCHEDULE:

We understand that summer is a vital part of everyone's childhood and parents' sanity! This year we will have set closure weeks to allow families to plan travel etc. While practices are very important all the time, we do understand that your athlete might miss some summer practices and that is okay! Please make sure you submit an absence form in advance so coaches can plan ahead.

During the summer our teams will practice 2 times per week for two hours. These schedules will be announced on team commitment days. The summer schedule will run from June 6th- August 31st.

Important Dates	
ROCK IT! Camp July 27-29, 2023	Hyde Park 4th of July Parade July 4, 2023
Levels Camp July 30-31, 2023	Pyramid Camp * July TBA
Team Naming Ceremony August 12, 2023	Tumbling Camps * June TBA
Choreography *September TBA	Stunt Camp * August TBA

FALL SCHEDULE

After Labor Day weekend we will begin our fall practice schedule. This schedule will include two team practices per week for each team.

The fall schedule will be released at the team naming ceremony in August so you can plan ahead for when the change happens. All of our teams practice between the hours of 4:30-9:30pm, Monday through Thursday. Team training will take place on Saturday mornings. The travel teams will practice on Sundays.



FALL IMPORTANT DATES



MARK YOUR CALENDAR

The following is a list of dates that you will need to mark your calendar for. The left column are dates the gym is closed. The dates on the left are dates that require participation for all team members.

Gym Closures	Important Dates
USASF Meeting July 20-22, 2023	Competition Schedule Released August 15th, 2023
First week of School August 21-25, 2023	Fall Schedule Begins- September 5, 2023
Labor Day Weekend September 2nd- 4th, 2023	Friends and Family Day September 9, 2023
Thanksgiving Break- November 22nd-25th,	Gym Showcase- November 18, 2023
Christmas Break December 24-December 29	Christmas Party December 23, 2023

COMPETITION SCHEDULE

We know that the sooner we can get you the competition schedule the better you can plan. Our competition schedule will be released on August 15th so you can book your travel and get the best deals for the year.

This season, each team will have one destination event based on team competitiveness. Destinations include but are not limited to: Indianapolis, Nashville, Columbus, Louisville, Las Vegas, Washington, DC and Orlando, FL.

All teams will do most of their comps within driving distances with 1-2 event that requires travel.



TINY NOVICE

JUNE-APRIL 2023



- Tiny Novice is a limited travel team.
- All events will be in Illinois this season except the December event in DC.
- These teams will practice 2 times per week for 1.5 hour per practice

Season Totals

Inclusive Fee	6 monthly payments	4 monthly payments	One time Payment	
Total	\$ 1,460	\$ 1,360	\$ 1,260	
Payment Plan Amount	\$ 243	\$ 340	\$ 1,260	
Monthly Instructional Fee	Early Registration	On Time Registrtn	Late Registrtn	Paid Upfront
Total	\$ 1,100	\$ 1,210	\$ 1,320	\$ 900
11 Month Payment Plan	\$ 100	\$ 110	\$ 120	

Payments Per Month (Early Registration and 4 Monthly Inclusive Payments)

	Instructional Fees	Assessment Fees	Other Costs	Monthly Total	
Registration		\$ 340	\$ 150	\$ 490	
June	\$ 100		\$ 110	\$ 210	Practicewear
July	\$ 100		\$ 110	\$ 210	Shoes
August	\$ 100	\$ 340		\$ 440	
September	\$ 100		\$ 110	\$ 210	Warm up
October	\$ 100	\$ 340		\$ 440	
November	\$ 100		\$ 35	\$ 135	Competition Bow
December	\$ 100	\$ 340		\$ 440	
January	\$ 100			\$ 100	
February	\$ 100			\$ 100	
March	\$ 100			\$ 100	
April	\$ 100			\$ 100	
Totals	\$ 1,100	\$ 1,360	\$ 515	\$ 2,975	

Other Anticipated Costs

Practice wear	\$110	Same set as 2023	*Tiny athletes may carry shoebag OR backpack at the family's discretion.
Warm up	\$110	Same set as 2023	
Shoes	\$110	Same as 2023	
Competition Bow	\$35	New	

FULL SEASON CHEER

JUNE 2022- APRIL 2023



- Full Season Teams are full season, limited travel teams.
- There will be 1-2 nationals per team that requires travel. One will require a flight.
- These teams will practice 2 times per week for 2-2.5 hours per practice.
- These teams include one team training class per week in the fall.

Season Totals				
Inclusive Fee	6 monthly payments	4 monthly payments	One time Payment	
Total	\$ 2,400	\$ 2,300	\$ 2,200	
Payment Plan Amount	\$ 400	\$ 575	\$ 2,200	
Monthly Instructional Fee	Early Registration	On Time Registration	Late Registration	Paid Upfront
Total	\$ 1,760	\$ 1,870	\$ 1,980	\$ 1,650
Month Payment Plan	\$ 160	\$ 170	\$ 180	
Events (April and May) are not included. They may be Yout or The Summit, THE ONE, Celebration, etc.				
Payments Per Month (Early Registration and 4 Monthly Inclusive Payments)				
	Instructional Fees	Assessment Fees	Other Costs	Monthly Total
Registration		\$ 575	\$ 150	\$ 725
June	\$ 160		TBD	\$ 160
July	\$ 160		\$ 240	\$ 400
August	\$ 160	\$ 575		\$ 735
September	\$ 160		\$ 110	\$ 270
October	\$ 160	\$ 575		\$ 735
November	\$ 160		\$ 35	\$ 195
December	\$ 160	\$ 575		\$ 735
January	\$ 160			\$ 160
February	\$ 160			\$ 160
March	\$ 160			\$ 160
April	\$ 160			\$ 160
Totals	\$ 1,760	\$ 2,300	\$ 535	\$ 4,595
Other Anticipated Costs				
Practice wear	\$110	Same set as 2023	Warm up, Apparel, Shoes, Backpacks and Practicewear can all be purchased through the pro shop at family's discretion.	
Warm up	\$110	Same as 2023		
Backpack	\$125	Same as 2023		
Shoes	\$110	Same as 2023		
Apparel Package	\$130	New		

QUARTER SEASON CHEER

FEBRUARY 2024- MAY 2024



- Quarter Season Teams are begin in February and end in May.
- These teams will practice 1 time per week for 4 hours per practice
- They will compete locally.
- The will be a one time \$500 payment.



REGISTRATION INFORMATION



READY TO REGISTER FOR SEASON 11?

STEP 1: READ THIS PACKET.

STEP 2: COMPLETE THE TRYOUT REGISTRATION FORM ON OUR WEBSITE.

STEP 3: CREATE AN ACCOUNT IN GO MOTION TO PAY YOUR REGISTRATION FEE

STEP 4: COME TO YOUR PARENT MEETING MAY 13 FOR ADDITIONAL DETAILS

STEP 5: COME TO TRYOUTS MAY 20. GET YOUR CALL BACK TIME MAY 21.

STEP 6: COME TO ORIENTATION AND GET READY FOR PRACTICE TO BEGIN THE FIRST WEEK OF JUNE

